



How do fibroids affect fertility?

How do fibroids affect fertility? That is a very common question and I want to make sure that we get very clear about what it is that you need to know and what you need to do.

Depending on the fibroids—fibroids can be inside the uterus, in the lining, in the wall of the uterus, and on the outside of the uterus—whenever they are in the lining of the uterus or inside the uterus, they are more likely to cause problems. If they are on the outside of the uterus, it's typically going to be okay as far as conception is concerned.

The only way that you are going to know whether your fibroid is causing a problem is actually to have an ultrasound and have the opinion of a specialist doctor that will be able to tell you, given your circumstance, what likelihood is it of that fibroid affecting your fertility.

Now if you have a fibroid that is inside the uterus and it's in a place where it can be operated on and it can be removed and it is impacting the ability of the sperm to get into the cervix and into the uterus and it may impact implantation, the best approach is always going to be to have surgery and to remove it.

Some fibroids are not operable, which basically means that you are not able to remove them through surgery and they may still impact fertility. In certain instances where fibroids maybe multiple and large in size and also around the wall of the uterus or inside the uterus, implantation may really be impacted, and in those cases, surrogacy maybe something to consider.

Ultimately though, the best way to know whether your fibroid is impacting you is to see a gynaecologist because they will be able to do all of the required investigations to be able to understand whether you have a fibroid that one needs to be treated and whether your fibroid is actually negatively impacting your ability to conceive. That will be the first step.

If your doctor recommends that you should have the fibroid operated and/or removed because it is impacting your chances, that will absolutely be also be the recommendation that we would give to our patients.

I hope that helps, and until next time. Bye for now!

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